



LIVE BROADCAST

Thursday, March 17, 2005

9:30-10:30 AM CT/ 10:30-11:30 PM ET/ 8:30-9:30 AM MT

“You Don’t Have to Go Home from Work Exhausted”

Ann McGee-Cooper
President, AMC & Associates, Inc.

Target Audience: All employees

Overview:

- Do you find yourself dragging out of bed each morning and dragging yourself to work?
- Do you come home at night and collapse in front of the TV?
- Do you feel as though your job is your life, or your life is a job?
- Is there just too much to do in too few hours?
- Does fun not seem sound like fun?

When there is a constant demand to do more and more in less time with less people, burnout may seem inevitable. From over 20 years of research with busy professionals worldwide, Dr. Ann McGee-Cooper will show you how to recharge your batteries. You will learn to spot personal burnout symptoms, take action to turn them around, and tap into an overlooked, abundant source of energy...KIDSPIRIT!

This program is Ann's most requested speech—presented all over the world—Europe, Singapore, Canada, Mexico, Chile, as well as over 500 presentations in the states. It is based on the best selling book by the same name published by Bantam-Doubleday-Dell, selling over 100,000 copies to date, published in four languages.

**To register for this live PPV satellite broadcast, contact:
Nadine Fred, 972-620-4015 for nfred@ctn-energy.org
If your company has already purchased the
Professional/Business Development Track Series, you will not need to register.**